

St Benedict's Parish Arcadia



COVID-19 SAFETY RULES UPDATE

From BISHOP ANTHONY RANDAZZO:

- Welcome to all Masses.
- Masks are required.
- Please sign in using QR CODE provided.

PARISH Masses

Weekend:

Saturday 7:00pm Vigil
Sunday 9:00am
Sunday 10:30am

Weekday:

Mondays to Thursdays 9:30am
Fridays 6.30pm Adoration
7:00pm Mass & Confession
(Reconciliation)
Saturdays 10am to 11am
Adoration & Confession
(Reconciliation)

MONASTERY CHAPEL Masses

Sundays 7:00am
Daily 7:00am

Please contact Father Hilarion for the following:

**BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS**

Fr Hilarion: 0478 909 541

Fourth Sunday in Ordinary Time

29 & 30 January 2022

Year C

ENTRANCE ANTIPHON

Save us, O Lord our God!
And gather us from the nations,
to give thanks to your holy name,
and make it our glory to praise you.

SUNDAY HOLY MASS PRAYER

Let us pray:

Grant us, Lord our God,
that we may honour you with all our mind,
and love everyone in truth of heart.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever. **Amen.**

THE PRESENTATION OF THE LORD (FEAST)

A light to enlighten the nations. Forty days have passed since the feast of Christmas. We have long since taken down our Christmas decorations with their multi-coloured lights. But hopefully the light of Christ continues to shine brightly among us. The candles we use in liturgy remind us that Christ is our light and that we, in turn, are called to reflect this light to all the nations.



Prayer:

O God, true light, who create light eternal,
Spreading it far and wide,
Pour, we pray, into the hearts of the faithful
The brilliance of perpetual light,
So that all who are brightened in your holy temple
By the splendour of these candles
May happily reach the light of your glory.
Through Christ our Lord.

Amen.

(Blessed candles will be distributed after Mass)

BLESSING OF THROATS

Feast of St Blaise, Thursday 3rd of February 9.30am Mass.
(See Saint of the Week.)

First Reading**Jeremiah 1:4-5, 17-19 (JB)**

A reading from the prophet Jeremiah

I have appointed you as prophet to the nations.

In the days of Josiah, the word of the Lord was addressed to me, saying, 'Before I formed you in the womb I knew you; before you came to birth I consecrated you; I have appointed you as prophet to the nations. So now brace yourself for action. Stand up and tell them all I command you. Do not be dismayed at their presence, or in their presence I will make you dismayed. I, for my part, today will make you into a fortified city, a pillar of iron, and a wall of bronze to confront all this land: the kings of Judah, its princes, its priests and the country people. They will fight against you but shall not overcome you, for I am with you to deliver you—it is the Lord who speaks.'

*The word of the Lord.***Thanks be to God.****Responsorial Psalm:****R. I will sing of your salvation.****Second Reading****1 Corinthians 12:31 - 13:13 (JB)**

A reading from the first letter of St Paul to the Corinthians

There are three things that last: faith, hope and love; and the greatest of these is love.

Be ambitious for the higher gifts. And I am going to show you a way that is better than any of them.

If I have all the eloquence of men or of angels, but speak without love, I am simply a gong booming or a cymbal clashing. If I have the gift of prophecy, understanding all the mysteries there are, and knowing everything, and if I have faith in all its fullness, to move mountains, but without love, then I am nothing at all. If I give away all that I possess, piece by piece, and if I even let them take my body to burn it, but am without love, it will do me no good whatever.

Love is always patient and kind; it is never jealous; love is never boastful or conceited; it is never rude or selfish; it does not take offence, and is not resentful. Love takes no pleasure in other people's sins but delights in the truth; it is always ready to excuse, to trust, to hope, and to endure whatever comes.

Love does not come to an end. But if there are gifts of prophecy, the time will come when they must fail; or the gift of languages, it will not continue for ever; and knowledge - for this, too, the time will come when it must fail. For our knowledge is imperfect and our prophesying is imperfect; but once perfection comes, all imperfect things will disappear. When I was a child, I used to talk like a child, and think like a child, and argue like a child, but now I am a man, all childish ways are put behind me. Now we are seeing a dim reflection in a mirror; but then we shall be seeing face to face. The knowledge that I have now is imperfect; but then I shall know as fully as I am known.

In short, there are three things that last: faith, hope and love; and the greatest of these is love.

*The word of the Lord.***Thanks be to God.****Gospel Acclamation****Alleluia, alleluia!**

The Lord sent me to bring Good News to the poor and freedom to prisoners.

Alleluia!**GOSPEL****Luke 4:21-30 (JB)**

A reading from the holy Gospel according to Luke

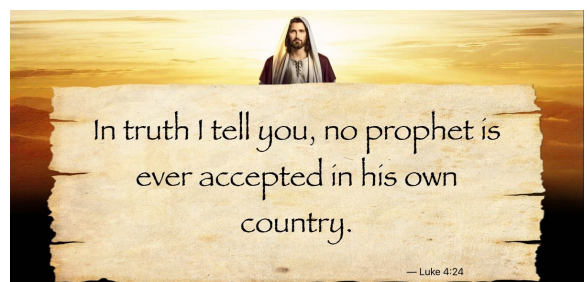
Jesus, like Elijah and Elisha, was not sent only to the Jews.

Jesus began to speak in the synagogue, 'This text is being fulfilled today even as you listen.' And he won the approval of all, and they were astonished by the gracious words that came from his lips.

They said, 'This is Joseph's son surely?' But he replied, 'No doubt you will quote me the saying, "Physician, heal yourself" and tell me, "We have heard all that happened in Capernaum, do the same here in your own countryside."' And he went on, 'I tell you solemnly, no prophet is ever accepted in his own country.'

'There were many widows in Israel, I can assure you, in Elijah's day, when heaven remained shut for three years and six months and a great famine raged throughout the land, but Elijah was not sent to any one of these: he was sent to the widow at Zarephath, a Sidonian town. And in the prophet Elisha's time there were many lepers in Israel, but none of these was cured, except the Syrian, Naaman.'

When they heard this everyone in the synagogue was enraged. They sprang to their feet and hustled him out of the town; and they took him up to the brow of the hill their town was built on, intending to throw him down the cliff, but he slipped through the crowd and walked away.

*The Gospel of the Lord.***Praise to you, Lord Jesus Christ.**

GOSPEL REFLECTION

Luke 4:21-30

This Sunday's Gospel continues last Sunday's excerpt: Jesus is still making his initial proclamation in the synagogue of Nazareth. He now goes on to say that the Chosen People of Israel are not the only recipients of God's mercy, and there have been occasions when mercy has been granted to others in preference to the Chosen People. This infuriated the hearers to the extent that they wanted to throw him off the cliff.

It is a real problem for us, too, when we see radiant sanctity outside the Catholic Church or even outside the Christian Churches, especially when at the same time we see so much unacceptable behaviour within our own Church. We can accept that God wills all people to be saved, as it says in 1 Timothy. We know that Holy Mother Church is designated as holy, but not all her members follow Christ closely, and we ourselves do not always succeed in following Christ. Since Vatican II we can and must accept that God's call comes in many different ways, even to those whose belief in God and whose commitment to God's values are expressed in very different terms and images. God's mercy comes in many different forms, and it is humbling to realise that we ourselves sometimes put more obstacles in its way (like sunblock against the sun's rays) than many non-Christians, non-Catholics.

(Source: Henry Walsbrough OSB; Companion to Sunday Gospels pg.23)

LITURGICAL FEASTS AND EVENTS OF THE WEEK

Monday	January 31, 2022:	St John Bosco, priest
Wednesday	February 2, 2022:	The Presentation of the Lord
Thursday	February 3, 2022:	St Blaise, bishop, martyr St Ansgar, bishop
Saturday	February 5, 2022:	St Agatha, virgin, martyr

Source: Ordo 2021

INSPIRING QUOTES

"The saints did not all begin well, but they ended well." *St. John Vianney*

"Hold your eyes on God and leave the doing to Him. That is all the doing you have to worry about." *St. Jane Frances de Chantal*

"The devil fears hearts on fire with love of God." *St. Catherine of Siena*

"To be tempted is a sign that the soul is very pleasing to the Lord." *St. Padre Pio of Pietrelcina*

"It isn't good to let our thoughts disturb us or worry us at all." *St. Teresa of Ávila*

"Never be afraid of loving the Blessed Virgin too much. You can never love her more than Jesus did." *St. Maximilian Kolbe*

"Each generation is converted by the saint who contradicts it most." *G.K. Chesterton*

"If God sends you many sufferings it is a sign that He has great plans for you, and certainly wants to make you a saint." *St. Ignatius of Loyola*

"Our hearts were made for You, O Lord, and they are restless until they rest in You." *St. Augustine of Hippo*

SOURCE: mycatholic.life

THE RULE OF ST BENEDICT

Chapter 4

Not to render cursing for cursing, but rather blessing.

PARISH FUNDS

With the suspension of Liturgies and Masses, our parish income has been severely affected, especially we have not had a fete for two years. Planned Giving, Donations and Electronic Transfers has been keeping us going during this difficult time.

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

PLEASE NOTE NEW BANK DETAILS

Bank Details for ONLINE only donations:

BSB: 062 784

Acct: 100002141

Name: Catholic Parish of Arcadia Bank:

CBA—Catholic Development Fund

God bless you all!

ENGAGED ENCOUNTER WEEKEND

Engaged Encounter are offering several weekends throughout 2022 for all couples preparing for marriage.

GOT YOUR WEDDING PLANS UNDER CONTROL?
How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. We give you a chance to spend time together to strengthen and enrich your relationship. For further information visit our

website www.engagedencounter.org.au.

Choose any of the coming Weekends in 2022:

Feb 19-20, Apr 30 - May 01, Aug 06-07, Nov 12-13

Contact: 0408 162 038

PRAY FOR TONGA

Tonga is reeling after a violent underwater volcano eruption triggered tsunamis, destroyed telecommunications and blanketed the country in ash and rock.

Roads, bridges and homes are damaged. Water supplies have been contaminated by volcanic ash and saltwater.

Tonga needs your support urgently. Give now to help with emergency response.

Visit

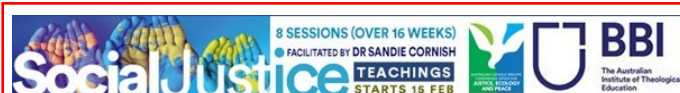
www.caritas.org.au/donate/emergency-appeals/pacific

or call 1800 024 413 toll free to make your donation.

Prayer:

Lord, we pray for those in Tonga who grieve any loss of life; for the injured or traumatised; for those searching for family; for those whose property has been destroyed or livelihoods ruined. We ask for your healing presence in their lives.

Amen.



SOCIAL JUSTICE

Please see the attached flyer outlining details for an online course in social justice teachings facilitated by Dr Sandie Cornish at Broken Bay Institute starting **15 Feb 2022**.

The course runs over 16 weeks and is very reasonably priced at \$310 plus GST.

This course would be useful for anyone who works in, or has an interest in, social justice ministry.

If the fee presents a challenge, please contact Emma Baker at emma.baker@bbcatholic.org.au.

Evangelisation Broken Bay is offering to contribute towards the cost of the course for those who have a desire to enrol but may not have the financial capacity at present.

[Download details here](#)

or call 9847 0030 for more information.

In Our Parish

We remember in our prayers, all our dearly beloved who have died.

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially Brother Mario, and Theresa Gittany (Lila Bacha's mum).

NEXT WEEKEND'S ROSTER

5/2/2022 to 6/2/2022

5th Sunday in Ordinary Time Year C

	Saturday 7pm	Sunday 9am
Acolyte		Paul El-Chaar
Reader1	Margaret Bensley	Melanie Hume
Reader2	Maria Gambino	Kath Moran
Prayers	Mary Cascun	Judy Horton
TV		Tyrone El-Chaar
Music		Karina Takchi
Music		Noelle Takchi

ROSTER

Draft roster is now on the sacristy window. Please check as soon as possible and make any changes.

MARRIAGE TRIBUNAL

Marriage breakdown is a traumatic experience for all those concerned. The Church reaches out in support of those who are divorced while upholding the permanence of a true Christian marriage.

The Broken Bay Office of the Tribunal extends an invitation to any divorced person who would like to talk about the annulment process. You can be assured that your privacy will be respected. Should you choose to apply for an annulment, you will be guided and supported through the process.

For further information, please phone the Tribunal Office on [02 9307 8309](tel:0293078309) or email tribunal@bbcatholic.org.au

PARISH PHONE LINE DOWN

We apologise the parish phone line is currently down after installing NBN. We apologise for any inconvenience. In the meanwhile if you need to contact the office please email:

arcadia.parish@bigpond.com.au



Call Fr Hilarion on 0478 909 541

Or Paula on 0423 078 282.

CCC PRAYER GROUP

Prayer meeting held every

Friday nights:

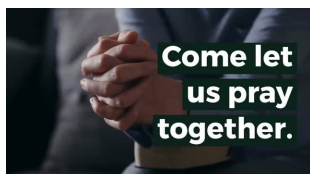
after 7pm Mass

Wednesday mornings:

after 9.30am Mass.

Everyone welcome.

For more details call Mary Camilleri on 0403 116 987.



CATECHIST NEWS

With students returning to schools this week, we are getting ready to commence our SRE (Scripture) classes! Our first Catechist meeting will be held this Wednesday 2nd February at 10:00am. Teacher's Manuals and workbooks will be handed out at the meeting, could I please encourage all to attend, thanks.

SRE (Scripture) starting dates – to be advised.

Catechists Needed - If you are free on Wednesday or Friday mornings and love being with children, why not consider joining this ministry. Vacancies exist for a helper for Year 5 and a Catechist for Year 4 at Glenorie Public School on Wednesdays 10:10-10:50am and a Catechist at Hillside Public School on Fridays 8:50am – 9:40am. Training and books are provided.

God bless,

Miriam Brown srearcadia@gmail.com

Parish Catechist Co-ordinator

LENTEN GROUPS

If Anyone is interested in forming Lenten Groups during Lent from Ash Wednesday until Easter please let Fr Hilarion know or email the parish:

arcadia.parish@bigpond.com.au



ITALIAN ROSARY GROUP

Every Monday 2.00pm. Everyone welcome.

For more details call Angela Egiziano.

Ph: 9653 2312.



WORLD DAY OF PRAYER 2022

Please join us for World Day of Prayer on **Friday 4th of March 2022 10am** at St Benedict's Parish Arcadia.

For more information contact Pauline Honor Ph: 0490 025 759.

Countries presenting are England, Wales and Northern Ireland.

Christian ladies in those countries have prepared the service for World Day of Prayer.

The World Day of Prayer is an international ecumenical Christian laywomen's initiative. It is run under the motto "Informed Prayer and Prayerful Action," and is celebrated annually in over 170 countries on the first Friday in March. The movement aims to bring together women of various races, cultures and traditions in a yearly common Day of Prayer, as well as in closer fellowship, understanding and action throughout the year.



Artist: Angie Fox

Angie is an Embroiderer and Vestment Designer from Derby, England.

She writes, 'Following the theme given, I have used several images to depict the key words as follows:

Freedom: an open door to a pathway across an endless open vista.

Justice: broken chains

God's Peace and Forgiveness: the dove of peace and a peace lily breaking through the pavement.

Over all: the rainbow represents the overreaching love of God.'

CATHOLICS ENCOURAGED TO PRAY FOR PEACE IN UKRAINE



Bishop Anthony Randazzo has received a request from the Bishop of Eparchy of Saints Peter and Paul of Melbourne, Bishop Mykola Bychok, CSsR, requesting prayers for peace and justice for Ukraine.

As we are all aware the situation in the Ukraine is very tense for the 41 million people living there and the many thousands who have made Australia their home.

We can pray along with the Ukrainian people and people of goodwill throughout the world for peace because it will not only be Ukrainians or Ukrainian citizens who will suffer, it will also be Russian citizens whose fathers, brothers, husbands will be involved in the fighting and will also be suffering.

Catholics, Christians, and all Australians, as well as the Ukrainian community, are called to unite in supporting peace. Let's understand that we have a common home; that more unites us than divides us.

Prayer for Peace:

Lord, we pray to you for the people of the Ukraine who are experiencing conflicts and deaths.

Bless the leaders with wisdom, vision and perseverance needed to build together a world of justice and solidarity, and to break down walls of hostility and division.

To you we entrust all families and pray that they may never yield to discouragement and despair but become heralds of new hope to one another in this challenging time.

May you continue to inspire all of us to oneness of heart and mind, to work generously for the common good, to respect the dignity of every person and the fundamental rights which have their origin in the image and likeness of God impressed upon every human being.

We pray through Christ our Lord,

Amen.

SAINT OF THE WEEK

St Blaise, bishop, martyr

C. early 4th century

Feast Day: February 3



Patron Saint of wool combers and sufferers of throat diseases

The memory of Saint Blaise, a man of obscure origins, stands behind one of the most enduring healing traditions in all of Christianity. In the holy name of Blaise, two candles are crossed, X-shaped, and pressed against the neck to ward off and cure diseases of the throat. Oil and ashes, candles and flames, bread and wine, words and blessings. God's face does not appear in the ash cloud of a volcanic eruption or in a golden pile at the end of a rainbow. The Christian believes that God's salvation and healing power come through His Holy Mother, through His saints, and through the creation He moulded in His own hands.

A believer doesn't believe in belief, any more than a soldier loves patriotism. A soldier loves his country, and a believer loves God. And because the believer loves God, he loves a someone, not a something, and waits in line and shuffles forward, step by step, to the priest holding those X-shaped candles on today's feast. Saint Blaise is primarily a "northern" saint called upon to remedy mostly cold climate ills. Because it is usually winter, then, the believer adjusts his jacket collar, feels the milky wax candle against his tender throat, closes his eyes, and prays that the cough disappear, that his voice remain strong, or that the faintest lump turn out to be nothing at all.

Details of Saint Blaise's life are difficult to verify. Some traditions, dating from centuries after he lived, state that he was a bishop in Armenia, east of modern day Turkey. His reputation for holiness drew people to him in search of a cure for their infirmities. It is said that Blaise was tortured and murdered in an anti-Christian persecution. Every saint, no matter how remote his life or obscure his story, casts some light on the truths of our faith. The life of Saint Blaise and the tradition of throat healing that still surrounds him tell us that holy lives have power. His life tells us that holy people intercede for less holy people, and that the less powerful, the less wise, and the less good depend on the strong, the intelligent, and the good in order to leave their state of dependence, ignorance, and sin. In the same way that salvation is mediated, healing is as well. Whether through the skilled hands of a surgeon, the chemicals of a drug, or the intercession of a saint, healing comes. The many channels branch out from the one source who is God. We, the faithful, when fragile and afraid, patiently sit in the doctor's office for our name to be called, wait at the pharmacy counter for the prescription to be filled, or line up in church for the candles to rest softly on our clavicles. Healing is an offer, we are ripe to be cured, and any sacred intervention is welcome, no matter whence it comes.

Saint Blaise, many centuries ago you suffered for the same faith we now share with you. May we be ever united to you in our common Church, and may we be healed of all infirmities of the throat through your heavenly intercession. AMEN.

SOURCE: mycatholic.life

***There will be blessing of the throats in our parish after the 9.30am Mass on the Feast of St Blaise,
Thursday the 3rd of February.***

Prayer:

*Hear, O Lord, the supplications your people make
Under the patronage of the Martyr Saint Blaise,
And grant that they may rejoice in peace in this present life,
And find help for life eternal.
Through our Lord Jesus Christ, your Son,
Who lives and reigns with you in the unity of the Holy Spirit,
One God, for ever and ever.*

Amen.



POPE FRANCIS' PRAYER INTENTION FOR JANUARY

TRUE HUMAN FRATERNITY

We pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.

COVID 19 SAFETY RULES

PLEASE WEAR MASKS.

**Please use QR CODE or write your name and phone number on the sheets provided at both entries.
Please adhere to social distancing guidelines of 2sqms and sanitise your hands at the door.
Also wipe seats down afterwards with wipes provided at both entries.**

**IF YOU ARE NOT WELL OR EXPERIENCING FLU-LIKE SYMPTOMS,
PLEASE STAY HOME, ISOLATE AND GET TESTED.**

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help: Fr Hilarion 0478 909 541, Lorraine Dailey 0416 081 882, Office for Safeguarding 83791605.

ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

Office Hours:
Mondays & Fridays 9.30am to 2.30pm
Parish Office: 9653 2312
Parish Priest: Fr. Hilarion Fernando OSB
Email: hilarionfernando@yahoo.com
After hours: 0478 909 541
Email: arcadia.parish@bigpond.com
Postal address: 121 Arcadia Rd, Arcadia NSW 2159

Website: www.bbcatholic.org.au/arcadia
Facebook: stbenedictsarcadia
Address: 2 Fagans Road,
Arcadia NSW 2159

Monastery: 9653 1159

**For all parish Occupational Health & Safety and
Safeguarding Children matters Contact:**
Lorraine Dailey on 0416 081 882.

Bank Details for ONLINE only donations:
BSB: 062 784
Acct: 100002141 (**NEW BANK DETAILS**)
Name: Catholic Parish of Arcadia Bank:
CBA—Catholic Development Fund